

ASD Child Nutrition Services 2020

Committed To Excellence



SEPTEMBER LUNCH ON THE GO

Monday	Tuesday	Wednesday	Thursday	Friday
	8 CHICKEN STRIPS W/ SEASONED GREEN BEANS OR WOW BUTTER SANDWICH SUNCUP VEGETABLE JUICE BLEND APPLESAUCE CUP WHOLE GRAIN GOLD FISH FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	9 CHEESEBURGER ON WW BUN W/ POTATO WEDGES OR TURKEY AND CHEESE ON WW BUN SUNCUP VEGETABLE JUICE BLEND FRESH FRUIT OF THE DAY FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	10 BEEF AND CHEDDAR ON WG CLUB ROLL OR TURKEY W/CHEESE SUB BABY CARROTS W/ RANCH DRESSING SUNCUP VEGETABLE JUICE BLEND FRESH FRUIT OF THE DAY FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	11 WW FRENCH BREAD PIZZA OR TURKEY AND CHEESE ON WW BUN CHOPPED ROMAINE SALAD SUNCUP VEGETABLE JUICE BLEND CHILLED PEACHES FAT FREE CHOCOLATE MILK OR 1% WHITE MILK
14 WG CHEESE LASAGNA W/ WG GARLIC BREADSTICK & STEAMED BROCCOLI OR YOGURT W/ STRING CHEESE & GOLDFISH GRAHAMS SUNCUP VEGETABLE JUICE BLEND APPLE WEDGES FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	15 CHICKEN AND CHEESE FAJITA W/ SEASONED CORN OR TURKEY HAM & CHEESE WRAP BLEND SUNCUP VEGETABLE JUICE BLEND PINEAPPLE CHUNKS FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	16 MANWICH ON WW BUN W/BLACK BEAN & CORN FIESTA OR TURKEY HAM & CHEESE ON WW BUN W/ BABY CARROTS SUNCUP VEGETABLE JUICE BLEND FRESH FRUIT OF THE DAY FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	17 BBQ RIB ON CLUB ROLL W/ SWEET POTATO WAFFLE FRIES OR ASD HOAGIE SUNCUP VEGETABLE JUICE BLEND CHILLED PEARS WG CHEEZ-IT CRACKERS FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	18 CHEESE STUFFED BREAD STICKS W/ DIPPING SAUCE OR TURKEY HAM & CHEESE ON WW BUN CHOPPED ROMAINE SALAD SUNCUP VEGETABLE JUICE BLEND FRESH FRUIT OF THE DAY FAT FREE CHOCOLATE MILK OR 1% WHITE MILK
21 MACARONI AND CHEESE W/ DINNER ROLL OR YOGURT W/ STRING CHEESE & GRANOLA BABY CARROTS SUNCUP VEGETABLE JUICE BLEND APPLESAUCE FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	22 TANGERINE CHICKEN W/ WG FRIED RICE & MIXED VEGGIES OR TURKEY AND CHEESE ON WW BUN VEGETABLE JUICE BLEND FRESH FRUIT OF THE DAY FORTUNE COOKIE FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	23 CHEESEBURGER ON WG PRETZEL ROLL W/ SWEET POTATO FRIES OR TURKEY AND CHEESE ON PRETZEL BUN W/ CELERY STICKS SUNCUP VEGETABLE JUICE BLEND MIXED FRUIT FAT FREE CHOCOLATE MILK OR	24 ALL BEEF HOT DOG ON BUN W/ VEGETARIAN BEANS OR TURKEY HAM & CHEESE ON WW BUN SUNCUP VEGETABLE JUICE BLEND FRESH FRUIT OF THE DAY FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	25 4" CHEESE PIZZA ROUND OR TURKEY AND CHEESE ON WW BUN CHOPPED ROMAINE SALAD SUNCUP VEGETABLE JUICE BLEND CHILLED PEACHES FAT FREE CHOCOLATE MILK OR 1% WHITE MILK
28 WG GRILLED CHEESE W/ SEASONED CARROTS OR YOGURT W/ STRING CHEESE, GRANOLA & CELERY STICKS SUNCUP VEGETABLE JUICE BLEND APPLE WEDGES GOLDFISH PRETZELS FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	29 CHICKEN PATTY ON WW BUN W/ CALIFORNIA VEGETABLES OR TURKEY HAM & CHEESE ON WW BUN SUNCUP VEGETABLE JUICE BLEND FRESH FRUIT OF THE DAY FAT FREE CHOCOLATE MILK OR 1% WHITE MILK	30 SOFT SHELL BEEF & CHEESE TACO W/ SEASONED CORN OR TURKEY HAM & CHEESE WRAP W/ BABY CARROTS SUNCUP VEGETABLE JUICE BLEND MIXED FRUIT FAT FREE CHOCOLATE MILK OR 1% WHITE MILK		

A complete lunch must include a serving of fruit or vegetable.

One student lunch is provided to all students at no cost.

Menu subject to change.